

BOROUGH OF TOTOWA PUBLIC LIBRARY ADULT PROGRAMS

NOVEMBER 2023

MON	TUES	WED	THURS	FRI	SAT
		Light & Easy 10:00am-11:00am 1 Chair Cardio 11:15am-12:00pm Knitting for Fun 5:45pm-7:45pm AI Workshop 6:00pm-7:30pm	Aged to Perfection Club 1:00pm-3:00pm 2 Mandolin Players 1:00pm-3:00pm Passports & Veteran ID's 5:00pm-7:00pm Adult Yoga 5:30pm-6:30pm Portrait Drawing 6:30pm-8:00pm	Nursing Services 10:00am-2:00pm 3 Light & Easy 10:00am-11:00am Chair Cardio 11:15am-12:00pm Stitches of Totowa 1:00pm-3:00pm	Saturday Morning Fitness 9:15am-10:15am 4 Acting Studio 11:00am-1:00pm Mandolin Orchestra Concert 2:00pm 
Light & Easy 10:00am-11:00am 6 Strength & Tone 11:15am-12:00pm Fitness w/ Kathryn 5:15pm-6:00pm	Library Closed for Election Day 7 	Weatherization Program 10:00am-2:00pm 8 Light & Easy/ Chair Cardio 10:00am-12:00pm Adult Sign Language 5:00pm-6:00pm Knitting for Fun 5:45pm-7:45pm Health Hub: Root to Fruit 6:00pm-7:00pm "tbr" book club @ Starbucks 6:30pm-7:30pm	Mandolin Players 1:00pm-3:00pm 9 Adult Yoga 5:30pm-6:30pm Portrait Drawing Class 6:30pm-8:00pm	Library Closed for Veterans Day 10 	Saturday Morning Fitness 9:15am-10:15am 11 Acting Studio 11:00am-1:00pm
Light & Easy/ Strength & Tone 10:00am-12:00pm 13 Microsoft Word Workshop 1:00pm-1:45pm Movie Matinee: Moving On 1:00pm-3:00pm Fitness w/ Kathryn 5:15pm-6:00pm	Creative Writing 10:00am-12:00pm 14 Watercolor Class 10:30am-12:00pm Adult Yoga 5:30pm-6:30pm Crafting Club 6:00pm-8:00pm 	Light & Easy 10:00am-11:00am 15 Chair Cardio 11:15am-12:00pm Knitting for Fun 5:45pm-7:45pm	"Aged to Perfection" Senior Club 1:00pm-3:00pm 16 Mandolin Players 1:00pm-3:00pm Adult Yoga 5:30pm-6:30pm Portrait Drawing Class 6:30pm-8:00pm	Rug Hooking 10:00am-2:00pm 17 Nursing Services 10:00am-2:00pm Light & Easy 10:00am-11:00am Chair Cardio 11:15am-12:00pm Stitches of Totowa 1:00pm-3:00pm	Saturday Morning Fitness 9:15am-10:15am 18 Acting Studio 11:00am-1:00pm 
Adult Book Discussion 2:00pm-3:00pm 20 Fitness w/ Kathryn 5:15pm-6:00pm Microsoft Word Workshop 6:15pm-7:00pm	Creative Writing 10:00am-12:00pm 21 Adult Yoga 5:30pm-6:30pm	Knitting for Fun 5:45pm-7:45pm 22 	Library Closed for Thanksgiving 23	Library Closed for Thanksgiving 24	Acting Studio 11:00am-1:00pm 25 
Light & Easy/ Strength & Tone 10:00am-12:00pm 27 Microsoft Word Workshop 1:00pm-1:45pm Movie Matinee: Missing 1:00pm-3:00pm Fitness w/ Kathryn 5:15pm-6:00pm Cookbook Club 6:30pm-7:30pm	Creative Writing 10:00am-12:00pm 28 Adult Yoga 5:30pm-6:30pm 	Light & Easy 10:00am-11:00am 29 Chair Cardio 11:15am-12:00pm Knitting for Fun 5:45pm-7:45pm	FRIENDS Hunterdon Hills Playhouse Trip 9:30am 30 Mandolin Players 1:00pm-3:00pm Adult Yoga 5:30pm-6:30pm		

Visit totowapl.org/resources to access databases, eBooks, audiobooks, films, newspapers, magazines and so much more!

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